



*We Rebuild Lives.*

## SPINAL CORD SYSTEM OF CARE

Hospital for Special Care treats all levels of spinal cord injury through its continuum of care, from ventilator management and interdisciplinary therapies to pain management and community re-entry. An interdisciplinary treatment plan is tailored to each individual by a dedicated rehabilitation team led by our board-certified spinal cord injury specialist. The goal of rehabilitation is to improve physical function and mobility so that patients can regain their independence and return to the community with confidence.

### HSC has the Only CARF-Accredited Program in State

An accreditation given by the Commission on Accreditation of Rehabilitation facilities (CARF) assures patients and families that HSC has the resources and expertise to address the unique needs of patients with spinal cord injuries with the goal of maximizing functional status, independence, psychosocial adjustment, vocational and leisure skills.

The Spinal Cord Injury (SCI) rehabilitation team of physicians, therapists, nurses and support staff provide an intense, comprehensive and interdisciplinary approach to the rehabilitation of SCI patients. From admission to discharge, each segment of care is planned and carried out by a multidisciplinary team of talented healthcare professionals—all of whom share HSC's commitment to rebuilding lives.

Dr. Subramani Seetharama is the Medical Director of the Spinal Cord Injury Program and leads an experienced and skilled team of healthcare practitioners that includes:

- Internal medicine and pulmonary physicians that assist with complex medical and respiratory needs.
- Rehabilitation nurses that provide an exceptional and high standard of care with compassion, dignity and respect.
- Physical and occupational therapists, speech language pathologists, and therapeutic recreation specialists who oversee, coordinate and implement skilled and comprehensive therapy.

### FOR FURTHER INFORMATION, PLEASE CONTACT:

*The Admissions Department:  
(860) 827-4841 or (800) 220-7723*

*Our offices are located at:  
Hospital for Special Care  
2150 Corbin Avenue, New Britain, CT*

*There is ample, free parking.  
See website for directions: [http://www.hfsc.org/p\\_driving.asp](http://www.hfsc.org/p_driving.asp)*

- Neuropsychologists who assess cognitive status of patients.
- Licensed, clinical social workers that provide psychosocial, educational and community resource support.
- Case managers who coordinate discharge planning.

HSC's spinal cord system of care provides a wide variety of specialized medical services. We have a highly-respected medical staff that includes dedicated specialists in internal medicine, infectious disease, geriatrics, pulmonology, neuropsychology, physiatry, wound care and pediatrics. The SCI interdisciplinary team utilizes a combination of standard and advanced therapies, cutting-edge technology and new research. These include, but are not limited to,:

- Neuromuscular electrical stimulation
- Body weight supported treadmill training
- Aquatic rehabilitation
- Spasticity management with Botox™ and Baclofen™ pumps
- Advanced wheelchair seating
- Pressure mapping
- Wound care management

Our in-house physiatrists are experts in the physical rehabilitation of patients with spinal cord injuries, stroke and acquired brain injuries, as well as medically complex patients who require rehabilitation. HSC's network of on-site resources includes a fully-staffed pharmacy and radiology department that provides general diagnostic and ultrasound procedures. The hospital maintains close ties to a network of local consulting physicians representing virtually every medical specialty.

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## PHYSICAL MEDICINE AND REHABILITATION STAFF

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### **Steven Beck, M.D.**

#### *Medical Director of Physical Medicine and Rehabilitation*

Dr. Beck is the Medical Director of Physical Medicine and Rehabilitation at Hospital for Special Care. Dr. Beck is board certified in physical medicine and rehabilitation. In addition to the work at HSC, Dr. Beck is an assistant professor department of surgery, division of neurosurgery and an instructor for the department of medicine at the University of Connecticut's School of Medicine. Dr. Beck specializes in treatment of musculoskeletal injury, back and neck pain, as well as management of orthopedic and cerebrovascular disorders.

### **Subramani Seetharama, M.D.**

#### *Director of Spinal Cord Injury Services*

Dr. Seetharama is the Director of Spinal Cord Injury Services at Hospital for Special Care. Dr. Seetharama is board certified in physical medicine and rehabilitation, spinal cord injury and sports medicine. Outside of his work at HSC, Dr. Seetharama serves as an assistant clinical professor at the University of Connecticut's School of Medicine, as well as the Chairman of the Rehabilitation Subcommittee of Connecticut Trauma Systems. Dr. Seetharama is also the Medical Director of Hartford Hospital Eastern Rehabilitation Network (ERN) and the Director of the Spinal Injury Program at Hartford Hospital.

### **William Pesce, D.O.**

#### *Staff Psychiatrist*

Dr. Pesce is a staff psychiatrist at Hospital for Special Care. Dr. Pesce serves as an assistant professor for the department of surgery, division of neurosurgery at the University of Connecticut School of Medicine, as well as subacute program medical director at Brittany Farms Health Center. Dr. Pesce is board certified in physical medicine and rehabilitation and specializes in spasticity management, neck and back pain, along with orthopedic and musculoskeletal disorders.

### **David Monti, M.D.**

#### *Staff Psychiatrist HSC Satellite and Hartford Hospital*

Dr. Monti is a staff psychiatrist at Hospital for Special Care and works exclusively at Hartford Hospital and Hospital for Special Care's satellite campus in Hartford. Dr. Monti is board certified in physical medicine and rehabilitation. Dr. Monti specializes in the management of spasticity and Botox™ treatment. He is also the associate director of stroke rehabilitation at Hartford Hospital.